

Benefits & Support for Parents in Enfield

Caring for a child with SEND can bring extra costs and practical challenges. Use this guide to find support in Enfield, plus how to request help from **Fusion of Hearts CIC**.

ActivityPlus Grant (via Cheviots)

- Up to £500 per year for play/leisure activities for disabled children (typically ages 5–17).
- Assessed and managed through Cheviots / Joint Service for Disabled Children.

Specialist Short Breaks (Cheviots)

- Tailored breaks such as playschemes, sitting services, or overnight/residential support.
- Accessed following a short break assessment via Cheviots.

Enfield Council Travel Assistance

- Support for home–school travel: personal travel budget, bus/taxi place, or independent travel training (older pupils).
- Apply through Enfield's Travel Brokerage service.

Disability Living Allowance (DLA)

- Financial support for children under 16 who need extra care and/or have mobility needs compared with peers.
- Apply via DWP (GOV.UK).

Blue Badge (Disabled Parking)

- Parking concessions for children with significant mobility difficulties or certain non-visible conditions.
- Apply through Enfield Council (local authority Blue Badge application).

Carer's Allowance

- Weekly benefit for adults who care 35+ hours/week for someone who receives a qualifying disability benefit.
- Apply via DWP (GOV.UK). (You can also request a Carer's Assessment from Enfield Council for local support.)

Mental Health Support (for parents/carers)

- Mind (info & support), Rethink Mental Illness (advice), Samaritans 116 123 (24/7 listening), SHOUT (text 85258).

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Family Fund Grants

A UK-wide charity that provides grants to low-income families raising disabled or seriously ill children. Support can include items like sensory toys, equipment, computers, holidays, or white goods. Typically available every two years, eligibility depends on income and a child's support needs.

Extra Bedroom (Housing Benefit / Universal Credit)

You may qualify for an additional bedroom if your disabled child can't share a room due to their needs or requires regular overnight care from a carer who does not live with you. This means your benefit won't be reduced, even if your home appears to have a spare bedroom.

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Support from Fusion of Hearts CIC

- Respite Spa Funding – short, restorative breaks for parent wellbeing.
- Sensory Toy Funding – help with costs of sensory tools/equipment.
- To request to apply, contact us via **fusionofheartscic.com**.

For all application links and more detailed information, visit:

www.fusionofheartscic.com/resources